

# Adult Lessons (13 years +)

## Adult Basics & Adult Skills

**Basics:** This class is for learning the basic aquatic skills, introducing swimming strokes and water safety concepts to teens and adults who are novices.

**Skills:** This class seeks to help teens and adults improve and refine on existing skills and become more comfortable and confident in the water.

**Classes will be held at both Golfview Pool and Aquatic Center; times and location will be determined once registered.**

### 1 session includes:

- 8 lessons
- 30 minutes each

Registration Day 8:00 am	Class Dates (Saturdays Only)	Class Times
February 29th	3/7-4/25	<u>Basics</u> 10:00a,10:30 a <u>Skills</u> 8a,8:30a,9a
May 2nd	5/9-6/27	<u>Basics</u> 10:00a,10:30 a <u>Skills</u> 8a,8:30a,9a
July 11th	7/18-9/5	<u>Basics</u> 10:00a,10:30 a <u>Skills</u> 8a,8:30a,9a

# City of Fort Myers Recreation Division



Find us on Facebook!



[www.facebook.com/fortmyersaquaticcenter](http://www.facebook.com/fortmyersaquaticcenter)

### Aquatic Center

1750 Matthew Drive 33907

### Golfview Pool

1865 Golfview Ave. 33901

### STARS Complex

2980 Edison Ave. 33916

**239-321-7553**

[aquatics@cityftmyers.com](mailto:aquatics@cityftmyers.com)



# 2020 SWIM LESSONS



## (8) 30 MINUTE LESSONS

**\$35.00 for City-Residents**

**\$40.00 for Non-City Residents**

## Parent & Infant Lessons (6 months-3 years old)

**Parent & Infant :** This class is designed for young children to become comfortable in and around the water and when the time comes, they will be ready to learn how to swim. In addition, parents learn about water safety and how to handle their child in the water. The skills you and your child will be practicing will help build the foundation for future aquatic skills.

**Classes will be held at our Golfview Pool; registration is at the Aquatic Center.**

**1 session includes:**

- 8 lessons
- 30 minutes each lessons

Registration Day 8:00 am	Class Dates	Days	Class Times:
February 29th	3/7-4/25	Sat	9:00a
March 16th	3/24-4/16	Tu & Thu	10:30a
April 20th	4/28-5/21	Tu & Thu	10:30a
May 2nd	5/9-6/27	Sat	9:00a
May 25th Memorial Day	6/2-6/25	Tu & Thu	10:30a
July 11th	7/18-9/5	Sat	9:00a
June 29th	7/7-7/30	Tu & Thu	10:30a
August 3rd	8/11-9/3	Tu & Thu	10:30a

## Preschool Lessons (4-5 years old)

**Preschool:** This class is designed for children about 4 and 5 years old. Fundamental water safety and aquatic skills are taught. Preschool lessons allow participants to grow confidence and will help master the skills to move them seamlessly to the next swim level.

**Classes will be held at both Golfview Pool and Aquatic Center; times and location will be determined once registered.**

**1 session includes:**

- 8 lessons
- 30 minutes each

Registration Day 8:00 am	Class Dates	Days	Class Times:
February 29th	3/7-4/25	Sat	8a, 8:30a, 9a, 9:30a
May 2nd	5/9-6/27	Sat	8a, 8:30a, 9a, 9:30a
June 1st	6/8-6/18	Mon-Thurs	8a, 8:30a, 9a
June 22nd	6/29-7/9	Mon-Thurs	8a, 8:30a, 9a
July 11th	7/18-9/5	Sat	8a, 8:30a, 9a, 9:30a
July 13th	7/20-7/30	Mon-Thurs	8a, 8:30a, 9a



## \*Youth Lessons (6-12 years old)

**Youth learn-to-swim levels:** These classes consist of 3 levels that focus on teaching school-aged children how to swim skillfully and safely. In addition each level includes training in basic water safety and helping others in an emergency. Each level builds on information and skills from the previous level, promoting success and a positive learning experience.

**Classes will be held at the Aquatic Center; time of the classes will be determined once registered**

**1 session includes:**

- 8 lessons
- 30 minutes each

Registration Day 8:00 am	Class Dates	Days	Class Times
February 29th	3/7-4/25	Sat	8a, 8:30a, 9a
May 2nd	5/9-6/27	Sat	8a, 8:30a, 9a
June 1st	6/8-6/18	Mon-Thurs	8a, 8:30a, 9a
June 22nd	6/29-7/9	Mon-Thurs	8a, 8:30a, 9a
July 11th	7/18-9/5	Sat	8a, 8:30a, 9a
July 13th	7/20-7/30	Mon-Thurs	8a, 8:30a, 9a

**\*All participants must be swim tested and issued a placement card prior to registering for Youth Lessons to ensure proper placement. No exceptions!**

Please call our staff to schedule a swim test at one of our two locations.

Call (239) 321-7553